

Healthcare PRODUCTS

2018 Catalogue



FLAMAN
Fitness

www.flamanfitness.com



Healthcare PRODUCTS

FLAMAN FITNESS is pleased to introduce our new product division.

With a full line of healthcare products ranging from bedroom safety, bathroom safety, mobility and sheepskin. It doesn't matter if you are recovering from a sports injury, a broken bone, or limited mobility, we can help you find appropriate solutions to your daily needs.

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We have everything you'll need to
Stay Active & Independent.

**3rd Party Billing
Available**

Ask in store for details
Available in select locations

Frank Flaman

Foundation

Flaman Group of Companies gives back through the Frank Flaman Foundation, which supports charities and projects locally and internationally. Flaman team members take part in development projects worldwide and are also active participants in their communities.

Our Community Our Family

It's not just a company you work for, it's a family you're a part of. Making things better is one of Flaman's three core principles. Our staff is our family, and family member's support each other. Our family has a diverse group of people with the drive to improve their communities and we're happy to be a part of it.

Here are a few highlights:



Women's Shelter Golf Tournament

September 11th, 2015 was the day of the first annual Flaman Fitness and Kelowna Women's Shelter Golf tournament. A huge success, the campaign raised \$38,500 for the local shelter. The donation will help to support the shelter's ongoing work.



Saskatoon Interval House

In July 2015, Flaman Fitness Saskatoon donated a playground and it's set up, with a value of \$7,500, to Saskatoon Interval House, which is an emergency, temporary shelter for women and their children who require safe accommodation.



Canmore Run for CAUSE

September 13th, 2015 Flaman employees ran in a 25 km and 10 km run in Canmore for a great charity called CAUSE, an international relief and development agency working in West Africa and Central America. The Frank Flaman Foundation donated \$5000 and was a 5 km sponsor for the race.

Rentals

Rentals are the perfect solution for short term needs, be it your own injury recovery, or temporarily hosting a family member or friend that requires additional support during their own period of reduced mobility.

**FREEDOM
TO MOVE!**



Rental Prices

	Day	Week	Month	Replacement
Bath Stool/Bath Chair	\$4	\$8	\$25	\$59
Bathtub Rail	\$4	\$8	\$25	\$54.95
Bed Assist Rail	\$5	\$10	\$30	\$114
Commode	\$5	\$15	\$40	\$24.95
Crutches	\$4	\$8	\$25	\$48
Crutch/Walker				
Gutter Attachment	\$4	\$8	\$25	\$112
Face Cradle	\$8	\$40	\$100	\$250
Hospital Bed	\$30	\$100	\$200	\$1895
*plus \$149 delivery and \$149 pick up				
Overbed Table	\$10	\$30	\$65	\$220
TENS/EMS	\$10	\$25	\$50	\$158
Toilet Safety Rail	\$4	\$8	\$25	\$56.95
Transfer Bench – Tub	\$8	\$20	\$60	\$149
Transfer Pole	\$5	\$10	\$30	\$288
IV Pole	\$5	\$10	\$30	\$98
Walker – Standard	\$5	\$15	\$30	\$98
Walker – Rollator	\$5	\$20	\$50	\$429
Wheelchair/Transport Chair	\$10	\$30	\$65	\$569
Knee Walker	\$10	\$30	\$80	\$449

Please Note:

Half of the rental fees may be applied against the purchase price of the item at any time during the rental period. Damage and security deposits must be provided by credit card. If a credit card is not available, a cash deposit equal to the retail price of the item must be provided. Long weekend rental rates are a minimum of two days.



Looking to travel but can't bring everything you need with you?

Rentals provide the perfect option to ease your stay in any location.



Mobility

Everything you need to get where you want to go, in a way that fits your lifestyle and needs. Canes, walkers, knee rollers, and scooters, buy one today!



Offset Handle Aluminum Canes

Ergonomically designed to reduce hand pressure with wrist strap and a soft foam grip that provides comfort and security.

Handle Height	Adjustable 30 - 39"
Capacity	300 lbs



Folding Adjustable Cane

Aluminum folding cane with T handle. Folds into 4 parts for easy storage. Attractive wood handle with brass collar.

Handle Height	Adjustable 33 - 37"
Capacity	300 lbs



Small Base Quad Cane

The four point base provides additional stability. Soft ergonomically designed, padded hand grip.

Handle Height	Adjustable 30 - 39"
Capacity	300 lbs



Aluminium Crutches

Lighter than wood, the standard aluminum crutch provides stability and durability.

Handle Height	Adjustable Youth 37-46" Adult 45-53" Tall 43-61"
Capacity	350 lbs

SOLD AS A PAIR

Walkers & Accessories

Deluxe Folding Walker

This folding walker has a single-button release that allows for quick, one-hand folding. A cross brace is located near hand grips to allow for full stride.



Deluxe 1B (1-Button)

Dimensions	24.5"W x 18.5"D
Height	Adjustable 32 - 39"
Portable	yes (folds up)
Capacity	300 lbs
Weight	6 lbs

Heavy Duty Bariatric Walker

This is 2-button folding walker with a wider/deeper frame. Precision design provides additional strength while adding minimal weight.



HD Adult Bariatric

Dimensions	25.25"W x 23"D
Height	Adjustable 32 - 39"
Portable	yes (folds up)
Capacity	500 lbs
Weight	9 lbs

All these walker accessories are Sold as a pair.



Walker Rear Glide Brakes

For use on the back of wheeled walkers for additional security.



Walker Wheels 5"

This wheel attaches to your walkers and comes complete with glides.

SIZES: 5" OR 4.72" D



Walker Glide Ski's

These skis attach to the bottom of walker's rear legs to help glide the walker across carpeting.



E-Z Walker Caddy

An easy to install caddy and tray with a removable lid. Fits most manufacturers' 2-button walkers.

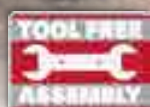
Wheeled Walkers

Walkers are a great way of increasing your mobility. Get the support you need while you are walking with the added security of a seat for when you need a rest.

Enjoy a walk with the grandkids with added security!



Comes with a large mesh basket or soft bag.



Nexus 3 Rollator

The "X" frame design allows the rollator to stand independently when folded and ensures that it requires minimal space.

AVAILABLE IN
SUPER LOW, LOW, STANDARD

Nexus 3 Standard	
Dimensions	24"W x 27.5"L
Handle Height	Adjustable 32.5 - 36.5"
Seat Height	24"
Seat Width	16"
Portable	yes (folds up)
Capacity	330 lbs
Weight	16 lbs



Evolution Slowdown Brakes

For users unable to use standard hand brakes due reduced dexterity, or those who need extra help using the walker safely.



Knee Walker

A pain-free alternative to crutches.

DV8 Steerable Knee Walker

Dimensions	17"W x 32"L x 33"H
Portable	Yes (folds up)
Capacity	300 lbs
Weight	19 lbs

ONE SIZE ADJUSTABLE
(31 - 37.5" HANDLE HEIGHT)

See our website for more details



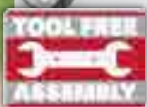
Xpresso Series Walker

Designed to be the strongest and most stable of all the center folding walkers on the market today.

Regular Walker

Dimensions	22.5"W x 26"L
Handle Height	Adjustable 30.5 - 35.5"
Seat Height	21"
Seat Width	18"
Portable	yes (folds up)
Capacity	300 lbs
Weight	18 lbs

AVAILABLE IN
MINI, REGULAR, TALL
IN 11 DIFFERENT COLOURS



Nitro Aluminum Rollator

Perfect for indoor/outdoor use, durable, and easily transportable.

Regular Rollator

Dimensions	23"W x 27.75"L
Handle Height	Adjustable 33.5 - 38.25"
Seat Height	20.5"
Seat Width	18"
Portable	yes (folds up)
Capacity	300 lbs
Weight	17.5 lbs

AVAILABLE IN
HEMI, REGULAR & TALL
IN RED, WHITE OR BLACK



Duet Transport Wheelchair Rollator

An individual can ambulate independently or be pushed safely by a care giver

Regular Rollator

Dimensions	25.5"W x 26"L
Handle Height	Adjustable 31.5v - 37"
Seat Height	21"
Seat Width	13.5"
Portable	yes (folds up)
Capacity	300 lbs
Weight	20 lbs

AVAILABLE IN
BLUE, BLACK OR
BURGUNDY

THIS IS ALSO A
TRANSPORT CHAIR



Phone Holder

Accommodates most phones and attaches to walker with a universal clip. Fold-over top and soft interior protects and secures the phone.

AVAILABLE IN 4.7" & 5.5"

Wheelchair Bottle Holder

For wheelchairs, walkers, rollators and transport chairs.



Wheelchairs

Silver Sport DDA Wheelchair

Attractive, easy to maintain, and comes standard with padded fixed arms, push to lock brakes, and plastic footplates.

ALSO AVAILABLE WITH
A 16, 18 & 20" SEAT WIDTH



Silver Sport 18" Dual Axle

Dimensions	26"W x 42"L
Handle Height	18"
Seat Height	17.5 - 19.5"
Seat Size	18"W x 16"D
Portable	Folds up to 12.5" width
Capacity	300 lbs
Weight	41 lbs



Wallaby Pediatric Folding Wheelchair

Provides mobility, comfort, and safety for the user.

ALSO AVAILABLE WITH A
12" OR 14" SEAT WIDTH

14" Wallaby Pediatric

Dimensions	22"W x 37"L
Handle Height	Adjustable 33 - 39"
Seat Height	19"
Seat Size	14"W x 12"D
Portable	yes (folds up)
Capacity	150 lbs
Weight	37 lbs

Gel-U-Seat™ Cushion

Provides comfort and helps prevent pressure ulcers.

AVAILABLE IN
16" X 16" X 3",
16" X 18" X 3"



Under Seat Pouch

Under chair storage that can be reached from the front.

Size: 12" x 11" x 16"



Poly Fly Lightweight Transport & Wheelchair

with swing away footrest

Functions as both a self propelled wheelchair and a transport chair.

Polyfly Wheelchair/ Transport 18"

Dimensions	24.5"W x 42"L
Handle Height	37"
Seat Height	19.5"
Seat Width	18"W x 16"D
Portable	yes (folds up)
Capacity	250 lbs
Weight	34 lbs

**AVAILABLE IN
16", 18" OR 20" WIDTH SEAT**



Viper Wheelchair

with flip back removable arms

An ideal wheelchair for anybody that needs to be in a wheelchair for extended periods of time.

Viper DDA 14" Seat width

Dimensions	22.5"W x 36"L
Handle Height	32"
Seat Height	13.5-15.5"
Seat Width	14"W x 14"D
Portable	Folds to 12"W
Capacity	250 lbs
Weight	31 lbs

**AVAILABLE IN
12, 14, 16, 18 & 20" WIDTH SEAT**



Lightweight Expedition Aluminum Transport Chair

Safe and easy to use while providing a stable ride over a variety of terrains.

**THIS IS ALSO A
TRANSPORT CHAIR**

Transport Chair Red

Dimensions	22"W x 38"H
Handle Height	38"
Seat Height	19"
Seat Size	19"W x 16"D
Portable	Yes (folds up)
Capacity	300 lbs
Weight	19 lbs

AVAILABLE IN BLUE & RED



Wheelchair Back Pack

Large leatherette bag with inside pocket.

Size: 17" x 16"



Nylon Back Pack

Velcro flaps to aid those with limited dexterity.
Size: 14"W x 15"D



Power Wheelchairs

Drive your wheelchair with the touch of a button. Electric wheelchairs are capable of going long distances, turning in tight spaces and enduring tough terrain.

Titan

Transportable Powerchair

A comfortable and stylish option for users seeking a transportable product that's ideal for indoor and outdoor use.



SWIVEL SEAT WITH FOLD DOWN BACKREST



ADJUSTABLE LENGTH CONTROLLER MOUNT



FLAT-FREE, NON-MARKING TIRES

Titan	
Range	15 miles
Top Speed	4 mph
Capacity	300 lbs
Portable	yes
Ground Clearance	2.5"
Wheels	4



Cobalt Travel Power Wheelchair

Easy to disassemble and full of great safety features with a 4 MPH top speed and 7 mile range.

Cobalt Wheelchair	
Range	8 miles
Top Speed	4 mph
Capacity	250 lbs
Portable	yes
Ground Clearance	2"
Wheels	4

Easily disassembles into three parts, making it perfect for travel!

Mobility Scooters

Get the freedom to go wherever you want, whenever you want. Save energy for important activities, like playing with the grandchildren, since you won't have to walk or push yourself along as you would in a traditional self propelled wheelchair.



Maverick Executive Scooter

This new, head-turning scooter combines distinctive styling with best-in-class performance.

Features:

- Sport style captain's seat
- Digital LED display
- Smoked windshield
- LED lighting package
- Tubular sport-frame
- 19.5" high performance wheels

Maverick	
Range	35 miles
Top Speed	9.5 mph
Capacity	400 lbs
Portable	no
Ground Clearance	5"
Wheels	3



Scout DST Scooter

A transportable scooter that combines easy and convenient mobility with the most comfortable ride possible.



Scout DST	
Range	15 miles
Top Speed	4.25 mph
Capacity	325 lbs
Portable	yes
Ground Clearance	2.5"
Wheels	3 or 4



Ventura 4 Power Scooter

A great combination of performance, size, comfort, and styling.



Ventura 4	
Range	22 miles
Top Speed	6 mph
Capacity	350 lbs
Portable	no
Ground Clearance	2.5"
Wheels	3 or 4



Cobra GT4 Scooter

Easy to use if you have limited strength or dexterity.

Cobra GT4	
Range	35 miles
Top Speed	10 mph
Capacity	450 lbs
Portable	no
Ground Clearance	7"
Wheels	4



King Cobra Scooter

Features a built in USB port for charging your mobile!

King Cobra	
Range	35 miles
Top Speed	11 mph
Capacity	450 lbs
Portable	no
Ground Clearance	4"
Wheels	4



Prowler Scooter

Great on any terrain with a large, 500 lb weight capacity.

Prowler	
Range	23 miles
Top Speed	7 mph
Capacity	500 lbs
Portable	no
Ground Clearance	5"
Wheels	3 or 4





Phoenix Heavy Duty Transport Scooter

This compact scooter comes with an easy to remove battery that can be charged separately from the unit.



Phoenix	
Range	15 miles
Top Speed	4 mph
Capacity	350 lbs
Portable	yes
Ground Clearance	3.75"
Wheels	3 or 4



drive

DISASSEMBLES INTO 4 PIECES FOR EASY TRANSPORTATION.



drive

Power Scooter Trailer

Add versatility and storage to your power scooter. Fits all medical drive scooters and allows you to transport large items. Includes removable cover.

Spitfire EX 1420 Scooter

A compact travel scooter



DISASSEMBLES INTO 5 PIECES



drive



Spitfire EX 1420

Range	15 miles	Portable	yes
Top Speed	6 mph	Ground Clearance	2.5"
Capacity	350 lbs	Wheels	3 or 4

Bath Aids

Bellavita Bath Lift

This bath lift is simple to use and has an impressive seat height range, lowering from 18.8" to 2.3". Includes padded seat and backrest, suction cups to prevent slipping and a floating watertight control.

Dimensions	13.7"W x 16.5"D x 22.4"L
Capacity	300 lbs
Weight	20.5 lbs
Portable	Yes (folds down)



drive

Bath Mat

Extra long slip proof, bath mat for added safety.

Bath Sponge with Long Handle

Sponge on long handle with a vinyl hand grip. Colours may vary.

PARSONS
ADL



TOOL FREE
ASSEMBLY

Clamp-On Tub Rail

Fits most styles of bathtub. Rubber pads to prevent scratches. Available with adjustable handle.

Regular Height: 14.5"
Adjustable Heights: 14.5 - 17"



Savanah Bathboard

Sturdy plastic slats for quick draining. Corrosion resistant with rubber pads to prevent slipping.



Portable Shower Bench

Portable shower bench with drainage holes, handle and rubber stops to prevent scratches.

Walk-In-Tubs & Accessories



These Safety Bath tubs are designed to make bathing safer and more enjoyable.



High Flow Tap

Fill you tub in under 4 minutes. The 2" Quick Drain can drain the tub in 90 seconds or less.



Aluminium Door

Aluminum door system to ensure a tight, reliable seal that is guaranteed for life.



High Quality

Tubs are made of acrylic, reinforced with fibreglass, and built on a stainless steel frame.



The Panama

Outward swinging door, with a 32" wide opening making it the easiest Walk-In-Tub to access. Includes 3 grab bars.



The Fairmount

19.5" wide, inward swinging door, allows this Walk-In-Tub to fit anywhere a traditional tub can. Includes 2 grab bars.



Shower Surround

A high quality shower surround that fits perfectly on the Panama and Fairmount Walk-in-Tubs.

Includes adjustable slide bar and shower curtain rod.



Flexible Shower Curtain Rod

Can be bent to fit any area.

Grab Bars

Portable Grab Bars

These portable grab bars can be used at home or on your travels.



16B213A Single Grip

A fixed length, single grip grab bar.

16B209A 4" Tile Grip

The only safe option for most 4" tiles. Telescopes to fit almost any tile.

16B210A Telescoping Grip

Allows for a longer hand holding area without giving up safety or portability.

	16B213A	16B209A	16B210A
Adjustable	No	Yes	Yes
Length	13"	15 - 18"	19 - 24"
Suction Cup Diameter	4.7"	3.7"	4.7"



STRONG SUCTION PADS FOR SECURE WALL ADHESION



THESE GRAB BARS WILL FIT INTO YOUR SUITCASE!

Adjusts for ceilings 7'-10' height

Rotates & locks every 45°

Security Pole & Curve Grab Bar

This product helps you climb to a standing position. Can be placed anywhere in the home.

MOUNTS VERTICALLY OR HORIZONTALLY.

Chrome Knurled Grab Bar with Rotating Flange

Features a rotating flange for easy installation in your shower. The knurled bar provides a no-slip grip.

Available in 12", 16", 18", 24" & 32" lengths.

Chairs or Stools

Enjoy your bath or shower in comfort and safety with one of these chairs and stools. All of these benches feature easy, tool free assembly.



Deluxe Aluminum Shower Chair

A height adjustable shower stool. Available with or without backrest.



Shower Stool

A lightweight, stable shower stool that is portable and great for traveling.



Transfer Bench

Helps transfer patients in and out of the bath tub or shower.



Premium Series Shower Chair with Back & Arms

This comfortable lightweight seat fits all shapes and sizes.

Seat / Bench	Seat Dimensions	Seat Height	Weight	Weight Limit
Deluxe Aluminum (no backrest)	19.5"W x 19.5"D	15.5 - 19.5"	5 lbs	400 lbs
Deluxe Aluminum (with backrest)	19.5"W x 19.5"D	15.5 - 19.5"	7 lbs	400 lbs
Shower Stool	13"W x 13"D	13.5 - 21"	3 lbs	300 lbs
Transfer Tub Bench	26"W x 18.5-19.5"D	17.5 - 22.5"	10 lbs	400 lbs
Premium Series Shower Chair	21.75"W x 16.5"D	16 - 20.5"	3 lbs	300 lbs

Toilet Accessories

drive

Toilevator

Elevates any standard 14-15" toilet by 3.5. Easy to install with a 500lb weight capacity.



Raised Toilet Seat

Increases the height of your existing toilet seat for extra support. 2", 4" or 6" risers, which can be purchased with or without a lid.



Toilet Safety Rail

This safety rail allows individuals to safely stand or sit while using the toilet.



Seat Riser

with Removable Arms

A toilet seat riser with removable arms that have padded rubber grip.



drive



Folding Aluminium Commode

with padded Armrests

Opens easily and folds flat. Includes plastic snap-on seat and lid, removable back and commode bucket.



drive

Commode Liners

Single use liner equipped with a super absorbent pad. 12 liners per box.



Australian Medical Sheepskin

Aids in the prevention and treatment of bed sores and diabetic ulcers. Ideal for pressure reduction, moisture reduction, shear reduction and maintenance of standard body temperature (98.3°F)

Sheepskin

Sheepskin Boots

These protective boots help prevent pressure ulcerations on the feet and ankle.



Long Split Boot

Closed toe, 4 straps to fit foot, ankle, calf



Short Boot

Closed toe, single strap



Short Split Boot

Closed toe, wider opening, 2 straps



Regular Long Boot

Closed toe, 3 Straps



Australian Medical Sheepskin

Has a superior support capacity than imitation products

Bed Pads

Enhances the level of comfort for everyday sleeping, sitting, commuting or relaxing.



**SHEEPSKIN KEEPS
COOL IN SUMMER
& WARM IN WINTER**

Sheepskin Pelt
39" x 30"

Sheepskin Plate
48" x 30", 60" x 30"

Wheelchair Pads

Help prevent the development of pressure sores while confined to a wheelchair.



Contoured



Standard



**THIS MATERIAL ABSORBS UP TO 34% OF IT'S DRY WEIGHT
IN MOISTURE WITHOUT FEELING DAMP.**

Joint Protectors

These protectors will help prevent pressure ulcers on key joints.



Heel Protector
Open toe, 2 straps



Palm Protector
1 strap



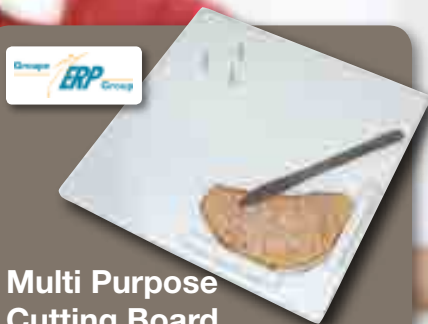
Elbow Protector
2 straps

Kitchen Aids



ETAC Fix Preparation Board

A versatile and durable hard plastic prep board. Helps user carry out a variety of tasks with one hand. Remains stable with non-slip suction pads base.



Multi Purpose Cutting Board

This easy to clean white cutting board has stainless steel spikes to hold food in place for peeling and slicing.



Plate Scoop

This 9", plastic scoop plate allows the user to push food against the plate's high back wall and onto their cutlery.



Plate with Inner Lip

Helps hold food on the plate while the user brings the fork or spoon to the edge of the plate.



Comfort Grip Utensils

Cutlery with a grip designed to give independence at meal time. These utensils allow maximum user control with minimum effort.



Double Handle Mug with Lid

Holds up to 10 ounces of hot or cold liquid and is dishwasher safe.



Terry Towel Bib

A white cotton terry bib with tie closure.

Personal Care

Pocketalker

Amplifies sounds closest to the listener while reducing back-ground noise.



Don't miss out on a single a word!



Chattervox Voice Amplifier

A portable rechargeable voice amplifier that can boost your volume by as much as 15 decibels. Weighs just 1.25 lbs

Hi Mom! It's time to take your red pill.



Reminder Rosie

A voice controlled reminder system that helps remember to take medication, appointments, and every-day tasks.



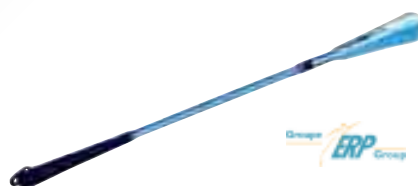
Folding Sock Aid

Holds a sock open to easily slide over your foot while the tip acts as a long shoehorn.



Finger Pulse Oximeter

A heart rate monitor with large LED screen. Perfect for spot checking heart rate and blood oxygen levels.



Long Shoe Horn

Durable 24" shoehorn.

Reachers

Avoid stretching and bending when picking up everyday objects.



Handi-Reacher

Trigger is operated using the entire hand. Includes a magnet for picking up metal objects and a hook that aids with dressing.



Hand-Held Reacher

Only 7 ounces of pressure required on the trigger to close jaws. Folding model folds flat for more convenient storage.

Bedroom

When a person is facing extended periods of bedrest a few items can make that time easier and more comfortable.



Hospital Bed

A lightweight, interchangeable and easily assembled, electric hospital bed. Features a durable frame and end panels with a strong yet lightweight spring deck and easy-to-use controls.

Dimensions	36"W x 88"L
Weight	169 lbs
Weight Capacity	450 lbs



Overbed Table

with Tilting Top

Safe, sturdy, and adjustable with the slightest pressure. Height adjusts between 29.5 - 46" and top tilts 33° in either direction



M-Rail Bed Assist Handle

Provides support when getting in and out of bed and while moving from a lying down to sitting position.

Quick & easy assembly.

Glide Sheet

Outer fabric reduces body heat with slippery nylon inside to help transfer patients while in bed, chair or wheelchair.



Sonoma Bed Pad

Absorbs up to 3 litres of liquid while the surface remains dry. Can be washed over 300 times at high temperatures.



Back Rests



Folding Bed Wedge

Gives a gradual incline to your body when lying down, raising your head and shoulders. Folds neatly for storage. Includes removable cover.

Comes in 7", 10" and 12"



Adjustable Bed Back Rest

Adjusts to 5 positions from a low lying angle to an upright sitting position. Can be used with beds and chairs. Folds flat for storage.

Back & Seating Support

Investing in quality lumbar supports is an important first step towards a healthier back.



Freedom Back

Lightweight and portable, this ergonomically designed full back support is great for home, work or vehicle use.



Freedom Seat

Cutout minimizes pressure on your tailbone while seated for added comfort and pressure relief.



Kabooti Comfort Ring

The oval center comforts sore and sensitive areas, while the coccyx cutout relieves tailbone pressure. Wedge design encourages proper sitting posture.



Includes removable cover.

Looking for more ways to improve you posture when seated?

See page 30 for more seating solutions



Rehab Machines

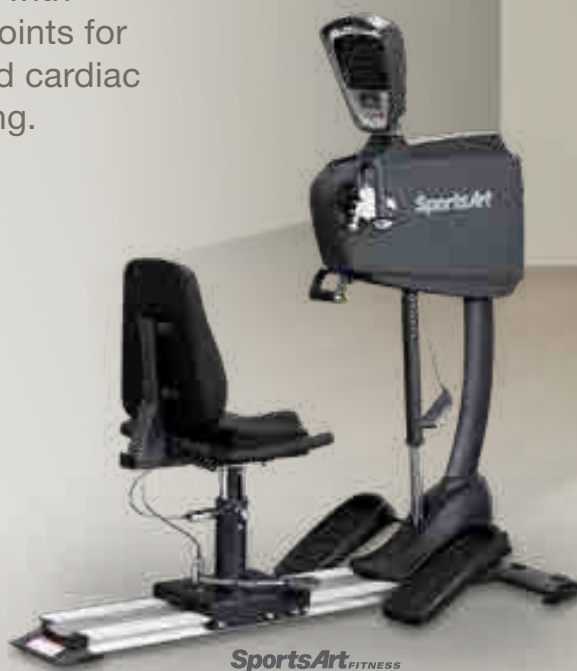
Provide comfortable exercises with minimal stress on lower body joints for active senior care, physical and cardiac rehabilitation and sports training.

UB521 Ergometer

A therapist's favorite modality for use either seated or standing or for users needing wheelchair access.

Features 20 resistance levels.

Dimensions	69" x 28" x 70"
Capacity	500 lbs
Weight	268 lbs
Power	15A 120V AC, grounded



ADJUSTABLE & REMOVABLE SEAT CARRIAGE



ADJUSTABLE CRANKS & BI-DIRECTIONAL RESISTANCE



T655 Treadmill

with Medical Handrails

Features a self-lubricating belt system, a wide range of workout programs and a speed range of 0 - 3mph in reverse and 0 - 12mph forward.

Dimensions	86" x 38" x 57"
Capacity	500 lbs
Weight	390 lbs
Drive Motor	5.0 HP AC-Servo Brushless Motor



C535R Recumbent Cycle

Features 40 levels of resistance, a unique step-through design, oversized pedals and numerous adjustment options for maximum comfort.

Dimensions	66" x 26" x 68"
Capacity	400 lbs
Weight	172 lbs
Power	Self-generating

Want to
LEARN MORE?

Check out these products on our website for more info and videos that will tell you all you need to know!

Visit our YouTube channel
FLAMAN FITNESS
for latest product videos



MT200 Gait Trainer Treadmill

Adding more versatility to exercise and therapy options, the parallel bars, deck height, and belt speed acceleration are adjustable in small and precise increments. Speed ranges from 0.1 - 10 mph forward and 0.1 - 3.0 mph in reverse.



Dimensions	94"L x 36"W x 57"H
Capacity	440 lbs
Weight	506 lbs
Drive Motor	3HP Continuous Duty with Self-Lubricating Belt/Deck



MS300 Recumbent Total Body Stepper

Provides full body workout and aids in physical rehabilitation. Used in general conditioning programs.

Dimensions	67"L x 30"W x 48"H
Capacity	440 lbs
Weight	242 lbs
Power	90 - 240 volts AC



MR100 Recumbent Lower Body Ergometer

Great for hip and lower body joint mobility, allowing optimal rehabilitation at a relatively relaxed posture.

Dimensions	57"L x 30"W x 51"H
Capacity	440 lbs
Weight	158.5 lbs
Power	90- 240 volts AC



MU100 Upright Lower Body Ergometer

Addresses lower-body conditioning with advanced options for optimal knee positioning.

Dimensions	57"L x 22"W x 54"H
Capacity	440 lbs
Weight	136.5 lbs
Power	90-240 volts AC

Accessories



Resistance Cables & Handles

Workout in comfort - no need to wrap the tube around your hand. Ranging from 8 - 99lbs resistance. Sold separately.



Rolls of Fit Bands

Strengthen and increase stability in the joints and muscles. Helps minimize the pressure on joints.

Exercise Mats

Comfortable 1.5" thick foam mats with synthetic leather cover. Available in 2 sizes



Sleeved Resistance Tubing

Gently and safely increase your range of motion and strength

**AVAILABLE IN
5 RESISTANCE LEVELS**



Bosu Ball

The domed side is used for aerobic exercises and athletic drills, and when the BOSU ball is inverted, it becomes a tool for balance training.



Wobble Board

Improves balance, functional strength and mental focus. Helps in the prevention of ankle injuries.

AVAILABLE IN 16" & 20"



Exercise Balls

Relaxes muscles, helps increase flexibility, improves posture and balance.

**AVAILABLE IN
55, 65 & 75 CM.**

Foam Rollers

By applying pressure to specific points on your body you are able to aid in the recovery of muscles by helping to return elasticity.

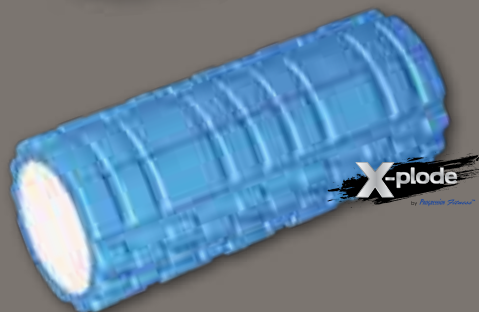
The Grid Foam Roller

Features distrodensity zones, matrix technology and an environmentally friendly design.



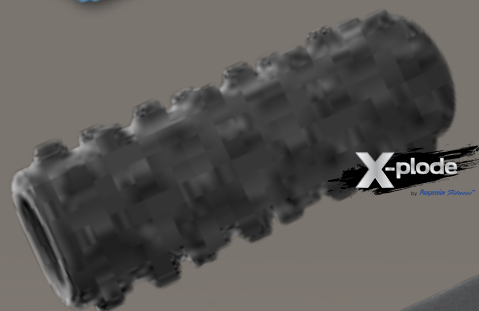
X-Plode Foam Roller

Great for deep tissue massage and also perfect size for travel.



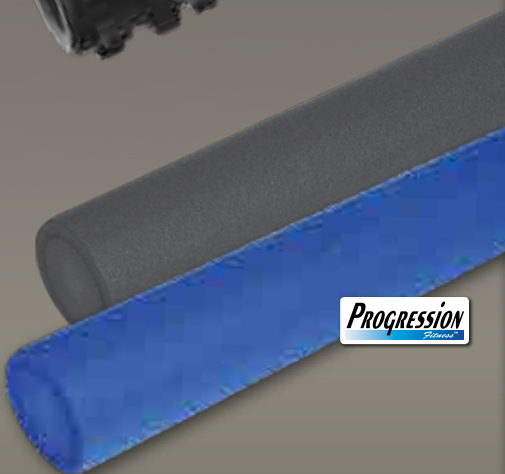
X-Plode Plus Foam Roller

The density of this roller will help get deeper into the stretch while not neglecting the surface fascia.



Progression Foam Roller

Full length, durable, foam rollers. A lower density, blue roller and a higher density, black roller. Great for deep tissue massage.



Lacrosse ball

Use for a targeted massage when a foam roller is just too large.

Yoga Mat & Accessories



Yoga Mat

These non slip yoga mats are fantastic for hot yoga. This mat helps maintain a non slip surface which is necessary for correct yoga poses.



Yoga Block

If you need some help anchoring into the correct pose, you need a yoga block, trust us it helps

Yoga Strap

This yoga strap is designed for quick and easy adjustment, tightening and loosening with a simple slide of the buckle.



More than
simply chairs...



CoreChair

Provides the proper support to encourage an upright and neutral position



Fit Chair

Relieve spinal pressure, muscle tension, correct posture and strengthen torso.

Massage

Massage can help to relieve fatigue, improve blood circulation and promote metabolism.



Massage Chair

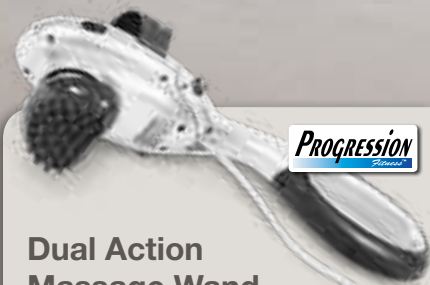
Reclines and adjusts so you can find the most comfortable position. 8 internal rollers emulate kneading and shiatsu massage to help reduce fatigue.

AVAILABLE IN BLACK OR BEIGE



Foot Massager

This foot massager comes with 3 intensity settings and a heating option. Great for improving circulation and relieving stress.



Dual Action Massage Wand

Designed to give you a comfortable massage from the comfort of your own home.

T.E.N.S & E.M.S

E.M.S

Stimulate muscle motor nerves to re-educate and re-build muscle

The stimulation, contraction and relaxation cycle loosens muscle fibres, increases blood flow and encourages muscle growth.

T.E.N.S

Stimulate sensory nerve endings and acts as a temporary pain relief solution

A non-invasive way to stimulate nerve endings and "scramble" the signal to help reduce, or eliminate, the feeling of pain.



Portable EMS

AMS-4N

Dual isolated channels with a pulse rate from 2-150hz and comes with timer and carrying case.



Dual Channel TENS

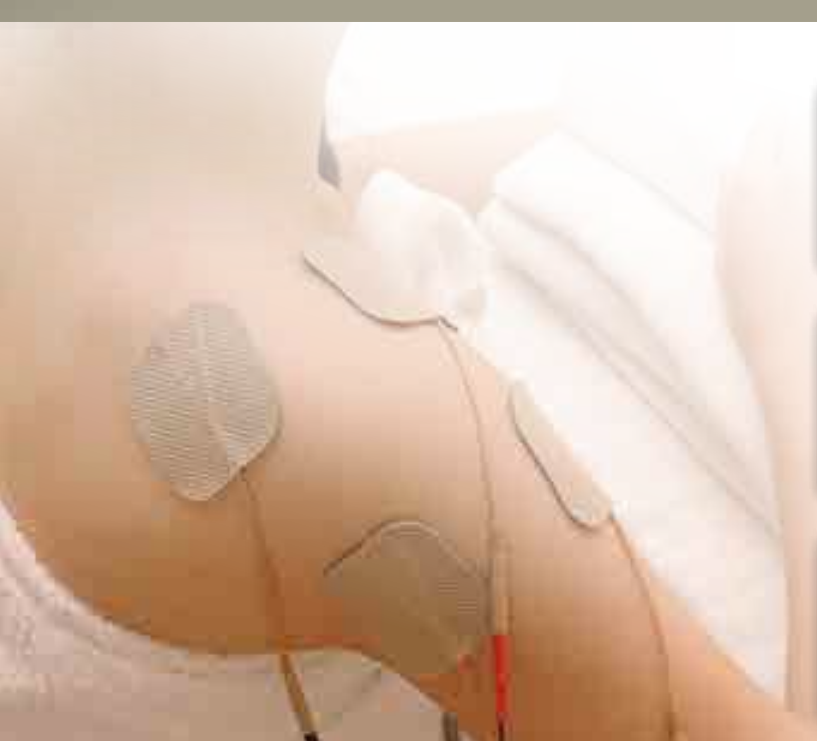
AGF 602

Modulation selector offers wave delivery in Normal, Burst or Modulation modes. Plastic belt clip.



Comfy Stim Ultra Combo TENS/EMS Stimulator

A four channel, eight electrode, electrotherapy device that offers the user the choice of 5 modes of TENS and 3 modes of EMS.



T.E.N.S. Electrode Tac Gel



Firmly secures electrodes in place. Best electrically conductive stim gel



TENS / EMS Electrodes



Made of conductive silicone rubber. Available in a variety of shapes & sizes



Dynaflex Electrodes



Reusable, self-adhesive electrodes. Contain stainless steel strands for optimum current distribution

See our website for more details

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